

Morgellon's Disease Protocol (Dr. Kolb)

Morgellon's Disease is a systemic disease characterized by a chronic fatigue illness with systemic symptoms such as joint aches, muscles aches, headaches, insomnia, and depressed immune system.

The skin manifestations include multiple skin lesions especially in areas with hair as well as emergence of fibers, seed-like substances, and in some cases, bugs.

Other organ systems are frequently involved including a variety of neurological symptoms.

The following is a protocol which has been updated to the best of the author's ability & those with Morgellon's Disease can obtain a more holistic approach to this systemic multi-system disease.

Please be aware that each person is unique and will not necessarily need all parts of the protocol.

Skin Products and Baths:

1. **New Hope Skin Care Line** (by Trisha Springstead R.N.):

We recommend Trisha Springstead's line, who can be reached at espskincare@yahoo.com.

(you can always email her from her website as well www.espbotanicals.com)

Attention!

It is advised not to stop using these products and they should be used exclusively for at least the first 6 months to 1 year for best results (they contain no fragrance oils, chemicals, neurotoxins, mineral oils, Urea's, Fragrance Oils, etc., that are contained in many skin care lines)

*Trisha's line of products is registered under **US Patent 7060306***

NB this treatment will draw out toxins, debris, and organisms at first (you may get a bit redder but it will get better)

2. **Epsom salts baths:** 2 cups of Epsom salts per bath, to this you may add 1/4 cup of Borax, 1/4 cup sea salts and dried alfalfa capsules 10 per bath opened.
3. **Citrus Facial Scrub** by Burt's Bees (apply to skin all over and scrub to draw out larvae and eggs)
4. **MSM Lotion:** apply to skin
5. **MSM Ophthalmic Drops:** apply to eyes or Sulfacetamide Sodium Ophthalmic 10% drops – 3 drops to affected eye twice a day/prn.
6. **DSP cream:** (Divine Skin Protection) apply twice a day to lesions.
<http://www.dsp-cream.com/>

7. **Dettol liquid antiseptic** can be added to body cream or Dettol soap (dilute well to avoid causing a chemical burn type reaction - do *not* treat over-reactive skin)
8. **Wounded Warrior Ointment:** helps local skin lesions
www.woundedwarriorointment.com
9. **Eco-Vie™ Topical Cleanse:** topical cream
<http://www.eco-vie.com/ecovie/products.html>
 - spritz to affected area (20cc/1cup warm water)
 - soak for 20 min intervals (1/8 cup in 4-5inches warm bath water)
 - air dry (do not wipe off)

- **BATHS:** first three can be combined or used individually

- **Epsom Salts Baths:** 2 cups of Epsom salts per bath
- **Baths with dried alfalfa capsules:** 10 per bath opened and 1/4 cup of sea salt
- **Dr Overman's Morgan Bath** www.precisionherbs.com
- **Magnetic Clay Baths** both soaking in bath and packing the bentonite clay in the area which helps draw out the fibers and heal the lesions
- **Hot Oil Bath Intensive:** 8 oz. in a bath has produced purges in some patients.
<http://www.accessnutraceuticals.com>
- **Miracle II** moisturizing soap

note

removal of hair in symptomatic areas is advised, since the disease favors hair follicles:
www.moom.com (natural depilatory: contains chamomile, lavender and other essential oils)

1. **MonaVie™:** helps restoring skin pigmentation
www.monavie.com
2. **Kleen-Free:** in bath (a shampoo and topical application for skin)
3. **Organic Coconut Oil** – apply to areas with lesions
4. **MIMS Ketazol Shampoo**
5. **10% Sulphur soap**
6. Use **white vinegar** (1cup) mixed with **xanthan gum** (1 tsp.) - apply to skin and scalp 3x/day
7. Metronidazole gel: to apply on affected areas
8. Itch Relief Ointment (999) – (as directed)
9. Face&Body Mud Packs, Derma Tech Rx from Q-Based Solutions:
<http://shop.qbased.comorcall1-866-314-8917>
10. **Graviola** liquid extract: apply to lesions 3x/day

11. Treatment for Morgellons Lesions:

- **2 tsp Tea Tree oil**
- **2 tbsp of white vinegar**
- **1/3 cup of full fat mayo (thick)**

mix all ingredients together and apply to all lesions, let the mixture remain on for a couple of hours (rub mixture in while washing off)

Diet:

- change to a diet that contains more alkalizing food, as the disease flourishes when more acid forming foods are eaten (check alkaline/acid food tables online)
- eat organic (avoid pesticides) and limit exposure to preservatives
- avoid foods stored in plastic and/or aluminum
- avoid all luncheon meats (they are sprayed with viral phages which have been coated with a high-density polyethylene (nanotechnology) in order to prevent bacterial infections (but are suspected to cause immune issues).
- avoid genetically modified foods (check lists online) and dairy products that contain growth hormone
- avoid high sugar intake (including fruit), which can feed intestinal yeast (natural sweeteners like stevia, VeggieSweet & xylitol can be used instead)
- drink adequate clean water (e.g. distilled or filtered/revitalized water)

Acidity & Low Alkaline Reserve:

Dietary changes may not be adequate to increase alkalinity of the body Test acidity of urine in the morning using pH strips (Ideal urine pH > 7.5)

1. **Buffer pH:** 3 to 6 capsule/day
2. **Alkaline Water:** can be produced by ionizer water treatment units.
3. See the information on www.miraclemineral.org and <http://mmsmiracle.com> on the use of sodium chlorite or dioxychlor
4. **Overman's Bio-Electronic Energizer**

Immune Deficiency:

1. **EpiCor:** one capsule (500 mg.) orally a day, to help raise natural killer T-cell levels
2. **Vitamin D3:** 1000 to 2000 U/day. Monitor Vitamin D levels by blood test. (Use caution with Vitamin D in Lyme patients)
3. **ImuPlus:** protein supplement that also increases immunity
4. **Grape Seed fruit extract** as directed.

Detoxification:

1. Herbal **liver, gallbladder, and colon** cleanses
2. **Coffee Enemas**
3. **Colon hydrotherapy** (see lists of local practitioners available)
4. **Aqua Detox Ionic Foot Bath** or “EB” cellular cleanse therapy ionic footbath, to help remove heavy metals and other chemicals.
www.ebrwp.com
5. **Harmonic Quad foot bath plus Portozone Ozone Generator** aka Electrolysis Ionic Foot Bath
6. **Triphala** – two capsules by mouth twice a day with meals
7. **Opaline Dry Oxy™** as directed according to weight or **Nutraoxygen** as directed
8. Infrared Sauna
9. **Lymph Tone III** – as directed
10. **XenoForce** – detoxification of xenobiotics
11. Recancostator IV glutathione (series of 6 – 12) or Lipo-SphericGSH
12. **MoldSporex** – 4 capsules 2/day for biotoxin detoxification
13. Vitamin IV's with Vitamin C for biotoxin detoxification or Lipo-Spheric Vitamin C
14. **NAC**(N-Acetyl-Cysteine) - as directed
15. **Mint Matrix Oil Vera** – Add 2-3 drops to ionic footbaths or fluid per day

Electromagnetic Devices:

The Harmonic Quad is a frequency generator that can kill parasites inside the body without damaging the tissue. Avoid use if pregnant or have an implanted defibrillator.

Information at www.precisionherbs.com and Overman's Health Choices (330) 276-4234.

1. The **Harmonic Quad attached to a double-reflective blanket** increases the killing power in the blood and skin by reflecting the electromagnetic force back into the skin, to help remove insects and arthropods.
2. The **Harmonic Quad attached to the ionic footbath** along with the **Portozone Ozone Generator** to place ozone into the water to help remove chemicals and plastics, which may be involved with the disease.
3. The **Harmonic Quad with the Healing Detox attachment** aids in removal of synthetic and organic toxins from the tissues. Use for 4 minutes a day.
4. **Bio-Electronic Energizer** allows the body to absorb & store alkaline minerals, building up depleted alkaline reserves.

Infection:

Multiple infections – bacterial, fungal, parasitic – are usually present with Morgellons Disease.

General antimicrobials

1. **NutraSilver** (Warning: Use of silver products and sun exposure can cause a rare but possibly bluish permanent skin discoloration)

Suggested Use of NutraSilver for Morgellons by Beneficial Solutions, LLC

- **NEVER APPLY NUTRASILVER TOPICALLY!**
- **NEVER USE METAL OF ANY KIND!**
- **DO NOT ALLOW NUTRASILVER TO BE EXPOSED TO SUNLIGHT!**
- Remove the cap and puncture the safety membrane so the bottle now becomes the dropper.
- Dose in filtered or distilled water starting with 30 drops 3x/day. Watch for potential die-off reaction.
- Increase to 40, then 50, then 60 drops only if no reaction is noticed.
- You should now decide which dosage feels the best.

- Have your doctor check your liver and kidney function every 3 months while on NutraSilver - monitor silver levels monthly.
- Dr. Staninger does not recommend any heavy metals such as silver due to its ability to create silver protein and react with advanced nano materials.
- **Dioxychlor or MMS: natural antibacterial/viral/ fungal**
 - Aids the bodies natural defenses little or no toxicity to normal tissue
 - Start with 1-2 drops and build gradually to 20 drops twice a day orally
 - Can also be use to clean food (soak 10-15 seconds in 60 drops/gallon water)
 - Need to activate with citric acid, apple cider vinegar or fresh squeezed lemon or lime juice.
- **Thieves essential oils:** combination of oils for natural antibacterial/fungal/viral effect
 - Dissolve 10 drops in 8 oz. of distilled water and drink, three times a day.
 - Recipe to prepare your own: 1oz clove: 1oz lemon: 30 drops cinnamon: 30 drops eucalyptus: 45 drops rosemary essential oils
 - Mix in glass container
 - Place 4 drops of solution in 4 ounces of green tea, 1 time per day.
 - Remember, these oils are very strong, do not rub in eyes.
 - Available online at Trishaspring50@yahoo.com; (www.espbotanicals.com)
- Apply Essential Oils or Tea Tree Oil topically to lesions if burning is not significant.

Only apply Essential Oils including Tea Tree Oil to skin if diluted as contact dermatitis may occur.

For Essential Oils (God's Tears) see www.espbotanicals.com - Mint Essential Oil as directed.

- **Allucidin Complex™ by Premier Research Labs:** Use as directed for treatment of biofilms.

Antiparasitics

1. **Core Artemesia Blend** by Energetics or **Super Artemesinin** by Allergy Research Group.
2. **Amazon AP:** 2-3 capsules twice a day with food (www.RaintreeNutrition.com).
3. Overman's **Parasigest, Arthropex, Morgonex, Mutex**
4. **Parasitin** – 4 capsules twice a day as directed.
5. **Diatomaceous Earth** – one to two teaspoons in water twice a day by mouth.
6. **Homeopathic Formula** for parasites

Antifungals

1. Prescription **Sporanox** 200 mg/day of Vfend 200 mg. twice a day (if liver functions tests are normal)

Use herbal milk thistle e.g. Super Thistle X 3 x/day for liver protection.
2. Combination herbal antifungal e.g. **Yeast Max;**
3. Enzymes to break up yeast e.g. **Yeastzyme, Candizyme, Candex**
4. Overman's **Microzymex, Yeast Myceliex, Mold Myceliex**
5. **Pleo Alb Suppositories** as directed.
6. **Candida Strength** – one orally in the morning; **Flora Strength** – two orally in the evening.

Antibacterials

1. Prescription **Biaxin** or **ZPack** early in the disease course have been reported to be effective but long term use can lead to bacterial resistance developing (especially *Pseudomonas Putida*).

Other:

1. **Probiotics** to decrease intestinal candidiasis e.g. Primal Defense or Ortho Biotic.
2. **Colloidal Minerals** to replace deficiencies.
3. **Permethrin** Cream as directed to areas with lesions.
4. **Tetrasil** Ointment: apply topically as directed.
5. **Alfalfa** capsules 2 a day orally.
6. **Garlic** capsules (Garlitrin): one tablet orally prior to bed.
7. **Mangosteen** 40% extract or higher, standardized.

8. **CorValen-M** for muscle cramps and energy.
9. **Tri Guard Plus** – (Oxygen Nutrition Company) a broad-spectrum antimicrobial compound.
10. **Wobenzyme** or **Complete Nutritional Enzymes**.
11. Graviola (as directed with OrthoBiotic)
12. **EPA-DHA6:1** or EPA-DHA Complex (as directed)
13. **Magnascent Iodine** – 1 drop 2x/day in water (increase slowly to 10 drops)
<http://www.magnascent.com>
14. **Iodine** supplementation topical (Potassium Iodine) or oral (Ioderal).
15. Citrus Silk Oil Vera to affected area 3x/day.

Co-Morbidities

1. **Lyme Disease**
 1. **Marshall protocol**
 2. **Monolaurin**
 3. **Saventaro/Samento**
 4. **Harmonic quad**
 5. **Dioxychlor, MMS**
 6. **Mangosteen 40% extract or higher**
 7. **Wobenzym** or **Complete Nutritional Enzymes**
 8. **Lithium**
 9. **Co Q10** or **UBQH**
 10. **Olive leaf extract**
2. **Mold Biotoxin Disease**
 1. **Get rid of mold in the environment (see information on Essential Oil Diffuser with God's Tears essential oils on our website)**
<http://www.millennium-healthcare.com/documents/Products/EssentialOilDiffuserNebulizer.pdf>
 2. **Mold Sporex**
 3. **Vitamin C 2-8gm/day in divided doses**
 4. **Recancostat**
 5. **Butyrate two capsules three times a day with food.**

Environmental Care and Cleaning:

1. Avoid bleach and ammonia, as they are not effective
2. Stop all use of conventional commercial pesticides, fragrance oils, mineral oils, and petroleum products.
3. Clean rugs with borax
4. Wash clothing in non surfactant/non ionic organic cleaners with no fragrance oils:
 - Combination of borax, baking soda, and salt
 - Arm and Hammer Botanicals in the green bottle
 - Use 7th generation cleaning products
 - Use baking soda to clean all vegetables and fruits

- Use 1 cup of apple cider vinegar down the drains once every 2 weeks to create an alkaline environment so organisms can't grow there.
- Wash windows with soda water or vinegar and newspapers.
- Animals can be carriers and also get sick. Health Food Stores carry Enzymatic Cleaners for Animals that are Chemical Free, also recommend Dinovite® Original Canine
- Use combination essential oils Environmental Spray below as organic pesticide:
 - mix 1oz geranium; 1oz peppermint; 1oz black pepper oil; 1oz cedar wood oil; 1oz rosewood; 1oz citronella essential oil
 - mix with 2 Gallons of water and 1/2 cup of borax
 - put in spray bottle and mist home environment and animals.
 - this works great as an insect repellent in small spray bottles.
- Use a hairdryer to kill mites in environments with heat
- Use a Shred Ender to remove debris from scalp
- Boil clothes to kill organisms
- Kleen-Free Naturally: <http://www.kleen-free.com/directedforuseassprayinthelaundryandenvironment>. Please enter "Morgellons" code for a 15% discount in the comments section on the CheckOut screen.

Additional Information about Dr. James Overman's Herbal Treatment for Morgellons Disease:

Additional Information can be found in Dr. Overman's book, *Overcoming Parasites Naturally*, Professional Edition, Copyright 2003. Published by Overman's Healthy Choices, Inc. Includes information on: Morgonex, Mutex, Siliconex, Yeast Mycelex, Myceliheal, Parasigest, Mutagenex, LivGall and Arthropex.

Please note: That there is individuality as to presentation as well as biochemistry of each Morgellons' patient. Not necessarily all of the above is necessary and for some individuals only part or an addition to this protocol may be important.